

EmPOWERed Parenting

Is designed specifically for those who want to build strong families and connect with other parents, in order to learn and grow in the parenting process.

Empowered Parenting will provide a safe place for parents to share experiences, struggles and joys with others who are on the same journey. **Empowered Parenting** offers solid, spiritual training for parents in a large group format, as well as small group teaching, that will be targeted to specific parenting needs and situations.



Family Ministry
Vineyard Church North Phoenix
Pastor Jody Kingston
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EmPOWERed Parenting

September 15 - November 24
2, 3 & 4 Tuesdays
7-9 pm

Register August 29 - September 13

Keep these words that I am commanding you in your heart. Recite them to your children and talk about them when you are at home and when you are away, and when you lie down, and when you rise.

Deuteronomy 6:6-7



Empowered Parenting is... Biblical Teaching for Parents **Small Group Discussion** **Fun & Relevant Kids' Teaching** **Fellowship Between Families**

Small Groups Offered for the Fall 2009 Semester

Special Focus: Single-Parenting

Being a single parent is hard work. Being a single parent trying to raise Godly kids is even harder. Together this group will help you face the joys and challenges that every single parent will encounter. You are not alone!

Leader: Tess Lewis

Special Focus: Teen Topics

Got Teens? Or Tweens? Help is here! This group will focus on answering many of the questions facing parents of teens today. Topics will include: "Effective Communication With Teens," "Boundaries for Teens," "Teens and Dating," "Healthy Choices for Teens" and "Helping Teens Prepare for the Future."

Leaders: Keith and Leanna deLaet

Special Focus: Building a Strong Family

Learn how to be the parent YOUR family needs. Join us for time-tested strategies for strengthening today's busy families. You won't find any "quick fixes" but you will learn how to make a positive impact in the life of your family for the future.

Leader: Jody Kingston

Special Focus: Married with Children

The best gift you can give a child is two parents who love each other. This is easier said than done, especially when there are children in the house! This group will help you and your spouse stay connected and "in love" while dealing with all of the parenting issues facing young couples today.

Leaders: Josh and Lindsay Schlesinger

Registration Form **Empowered Parenting** September - November 2009

Childcare fee is \$4 per child/per week - maximum of \$12 per week

- 1 child for the semester = \$36 \$ _____
- 2 children for the semester = \$72 \$ _____
- 3 children for the semester = \$108 \$ _____
- amount paid** \$ _____
- amount due** \$ _____

name: _____

spouse's name (if attending): _____

e-mail: _____

phone: _____

Register August 29 - September 13 in the courtyard.
 After Saturday pm and Sunday am services.

\$20 deposit for childcare is due by September 13
Make checks payable to VCNP

I am registering _____ children

child's age _____ grade _____

child's age _____ grade _____

child's age _____ grade _____

Please number your first and second small group choices:
 _____ Teen Topics _____ Building a Strong Family _____ Married with Children

_____ Single-Parenting